



# ***“What To Say”***

## **Worksheet**

Here is a quick worksheet to help you figure out what to say in your adoption profile video. Have fun with this!

Remember – use the 3 tips we talked about in the video.

Write out your introduction. Include names and why you are adopting.

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Write out some things you do in your everyday life – hobbies, interests, traditions, etc. Think of some short stories you may have about these.

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Write out what you will share with a child. What will you offer?  
Remember to be descriptive – using stories if possible.

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Now you can use the thoughts, ideas, and stories you came up with to write out exactly what you want to say in your video.

**BONUS TIP:**

Be sure to include your contact info at the end of your video – make it easy and clear for how they can contact you.

Hope this helps you create an awesome sounding video!

Your friend,

*Tim*